



## Gosforth Harriers Summer Relays

12/08/2019

Team No	Club	Full Name	O50	O60	Category	LegTime
169	Tyne Bridge Harriers	Sparrow Morley			SM	09:39
178	Sunderland Harriers	Steve Rankin			SM	09:41
178	Sunderland Harriers	Nathan Reed			SM	09:43
169	Tyne Bridge Harriers	Michael Hedley			SM	09:44
178	Sunderland Harriers	Ian Dixon			VM	09:44
169	Tyne Bridge Harriers	Ryan Holt			SM	09:47
172	Gosforth Harriers	Andy Heppell			VM	10:05
191	Heaton Harriers	Ian Robinson			SM	10:07
184	Elswick Harriers	Andrew Ball			VM	10:25
159	Ponteland Runners	Robert Holt			SM	10:29
163	North Shields Poly	William Ewens			SM	10:32
179	Sunderland Harriers	Michael Edwards			SM	10:34
182	Elswick Harriers	Luke Hilliard			SM	10:43
163	North Shields Poly	Rory Mcconnachy			SM	10:47
199	Ashington Hirst Harriers	Robert Morris			SM	10:50
191	Heaton Harriers	Jordon Cairns			SM	10:52
203	Jesmond Joggers	Jonny Law			SM	10:56
170	Tyne Bridge Harriers	Neil Eyes			SM	11:01
201	Jesmond Joggers	Paul Waddell			SM	11:10
201	Jesmond Joggers	Kirk Tierney			SM	11:14
184	Elswick Harriers	Mark Turnbull	Y		VM	11:14
190	Claremont Road Runners	Roberto Marzo			SM	11:17
201	Jesmond Joggers	Jake Archer			SM	11:21



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172	Gosforth Harriers	Oliver Gabriel			SM	11:23
159	Ponteland Runners	Matthew Levison			SM	11:23
172	Gosforth Harriers	Kieron Mutch			SM	11:25
180	Elswick Harriers	Amy Fuller			SF	11:26
179	Sunderland Harriers	Rowan James			SM	11:28
192	Heaton Harriers	Calum Mills			SM	11:28
205	Elvet Striders	Fiona Brannan			SF	11:31
203	Jesmond Joggers	Tom Kennedy			SM	11:38
192	Heaton Harriers	Nick Lavin			SM	11:39
189	Claremont Road Runners	Tom Tinsley		Y	VM	11:42
184	Elswick Harriers	Mike Russell	Y		VM	11:42
170	Tyne Bridge Harriers	Colin Rogerson			VM	11:43
190	Claremont Road Runners	Sumanth Nayak			SM	11:44
191	Heaton Harriers	Charlie Townsend			SM	11:45
164	North Shields Poly	Ben Willcox			VM	11:46
203	Jesmond Joggers	Rob Wilers			SM	11:46
163	North Shields Poly	Darren Suleman	Y		VM	11:47
171	Tyne Bridge Harriers	Katy Stevenson			VF	11:49
185	Low Fell Running Club	Richard Condor			SM	11:51
186	Low Fell Running Club	Danny Wade			VM	11:55
164	North Shields Poly	Vaughan Hemy	Y		VM	11:57
159	Ponteland Runners	Robert Leslie			SM	12:00
160	Ponteland Runners	David Levison	Y		VM	12:01
199	Ashington Hirst Harriers	Nic Crofts			SM	12:02
170	Tyne Bridge Harriers	Simon Pryde			VM	12:04
165	North Shields Poly	Ivan Thorn			VM	12:06
164	North Shields Poly	Tom Payne			VM	12:09
158	Ponteland Runners	Alex Walker			SM	12:14
158	Ponteland Runners	Ray Burns	Y		VM	12:14
176	Blyth Running Club	Richard Daly			SM	12:14



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165	North Shields Poly	James Thompson	Y		VM	12:18
190	Claremont Road Runners	Christophe Duhaut			SM	12:19
160	Ponteland Runners	Stephen Sparke	Y		VM	12:20
202	Jesmond Joggers	Ewan Casey			SM	12:22
185	Low Fell Running Club	Keith Roll			SM	12:22
180	Elswick Harriers	Cath Lowes			VF	12:26
202	Jesmond Joggers	Simon Wells	Y		VM	12:28
186	Low Fell Running Club	Yosef Kuperman			VM	12:29
207	Gosforth Harriers	Joseph Rickerby			SM	12:30
173	Gosforth Harriers	Susan Driscoll			SF	12:31
173	Gosforth Harriers	Sylvia Moffat			VF	12:37
158	Ponteland Runners	Marc Dobson			SM	12:38
177	Blyth Running Club	Tony Dunn			VM	12:39
204	Elvet Striders	Nik Corton	Y		VM	12:46
179	Sunderland Harriers	James Johnson			SM	12:49
160	Ponteland Runners	Bob Sewell		Y	VM	12:50
199	Ashington Hirst Harriers	Paul Slaughter			SM	12:50
180	Elswick Harriers	Andrea Banner			VF	12:51
165	North Shields Poly	Mark Shorting			SM	12:51
189	Claremont Road Runners	David Lydall	Y		VM	12:53
182	Elswick Harriers	Mark McNally		Y	VM	12:54
188	Claremont Road Runners	Heather Steele			SF	12:58
192	Heaton Harriers	Dougie Leckie			VM	12:58
200	Jesmond Joggers	Kate Robson			SF	12:59
194	Heaton Harriers	Nina Cameron			VF	13:05
176	Blyth Running Club	Billy Shaw			VM	13:07
166	North Shields Poly	Sean Brodie			VM	13:09
177	Blyth Running Club	David Mcgarry			VM	13:10
173	Gosforth Harriers	Elaine Mckechnie			VF	13:10
155	Ponteland Runners	Abbi Dorani			SF	13:11



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182	Elswick Harriers	Adam Clements			SM	13:12
185	Low Fell Running Club	Richard Brooks			SM	13:13
181	Elswick Harriers	Felicity Smith			VF	13:16
176	Blyth Running Club	Richard Biggerton			VM	13:18
181	Elswick Harriers	Sarah Hamilton			VF	13:23
186	Low Fell Running Club	Jason Long			VM	13:24
167	North Shields Poly	Michelle Thomson			VF	13:28
181	Elswick Harriers	Sara Blight			VF	13:28
198	Ashington Hirst Harriers	Andy Patchett			VM	13:28
161	Ponteland Runners	Matthew Jones			SM	13:36
155	Ponteland Runners	Emily Johnson			SF	13:37
194	Heaton Harriers	Abi Timms			SF	13:37
167	North Shields Poly	Alison Smith			VF	13:38
167	North Shields Poly	Alison Dixon			VF	13:39
157	Ponteland Runners	Fiona Nicholson	Y		VF	13:40
171	Tyne Bridge Harriers	Caroline Williams			SF	13:40
187	Claremont Road Runners	Mandy Herworth	Y		VF	13:49
202	Jesmond Joggers	Rob Dooley			VM	13:57
200	Jesmond Joggers	Kate Black			VF	13:58
177	Blyth Running Club	Michael Ashby	Y		VM	14:04
193	Heaton Harriers	Anthony DGLISH			SM	14:10
198	Ashington Hirst Harriers	Ian Campbell			VM	14:11
198	Ashington Hirst Harriers	Michael Floyd			VM	14:15
183	Elswick Harriers	Robert Wilson	Y		VM	14:15
196	Ashington Hirst Harriers	Ann Birchall			VF	14:16
175	Blyth Running Club	Sandra Watson	Y		VF	14:20
171	Tyne Bridge Harriers	Justine Carrion Weiss			SF	14:24
197	Ashington Hirst Harriers	Jaqueline Prouse			VF	14:24
188	Claremont Road Runners	Nina Jentl			SF	14:29
183	Elswick Harriers	Stephen Curry	Y		VM	14:29



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206	Elvet Striders	Anna Seeley			VF	14:31
175	Blyth Running Club	Susan Browning			VF	14:45
156	Ponteland Runners	Beth Wilson			VF	14:49
174	Blyth Running Club	Michelle Conner			SF	14:49
194	Heaton Harriers	Megan Turner			SF	14:52
187	Claremont Road Runners	Hazel Juggins	Y		VF	14:52
195	Heaton Harriers	Marie Bennett			VF	15:05
195	Heaton Harriers	Lisa Boyd			VF	15:07
155	Ponteland Runners	Dannii Whincup			SF	15:10
196	Ashington Hirst Harriers	Lindsay Freeman			VF	15:10
187	Claremont Road Runners	Julie Cross	Y		VF	15:12
161	Ponteland Runners	Tony Vick		Y	VM	15:14
197	Ashington Hirst Harriers	Laura Shaw			SF	15:15
168	North Shields Poly	Lita Gill		Y	VF	15:16
157	Ponteland Runners	Heidi Finlay			VF	15:17
204	Elvet Striders	Marc Watson			SF	15:22
197	Ashington Hirst Harriers	Laura Jobson			SF	15:23
156	Ponteland Runners	Joanne Lucking			VF	15:33
157	Ponteland Runners	Esme Stephenson			VF	15:33
200	Jesmond Joggers	Beth Deutsch			SF	15:45
188	Claremont Road Runners	Juliya Simpson			SF	15:48
156	Ponteland Runners	Claire Peat			VF	15:48
174	Blyth Running Club	Vicky Macdonald			VF	15:53
166	North Shields Poly	Ian Richardson		Y	VM	16:11
206	Elvet Striders	Jan Ellis			VF	16:16
174	Blyth Running Club	Kathryn Angus			VF	16:20
175	Blyth Running Club	Claire Mason	Y		VF	16:21
205	Elvet Striders	Wendy Littlewood			VF	16:25
168	North Shields Poly	Emma Payne	Y		VF	16:28
204	Elvet Striders	Steve Ellis		Y	VF	16:30



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162	Ponteland Runners	Tina Kelly			VF	16:38
189	Claremont Road Runners	Dave Kear		Y	VM	16:39
183	Elswick Harriers	Graham Leslie		Y	VM	16:45
205	Elvet Striders	Steph Greenwell			SF	17:00
206	Elvet Striders	Heather Raistrick			VF	17:30
162	Ponteland Runners	Amelia Dakin	Y		VF	17:48
166	North Shields Poly	David Morris		Y	VM	18:01
193	Heaton Harriers	Colin Mcentee		Y	VM	18:09
161	Ponteland Runners	Paddy Hutchinson			SM	18:46
195	Heaton Harriers	Janette Kilgour		Y	VF	20:10
162	Ponteland Runners	Donna Peacock			VF	20:42
196	Ashington Hirst Harriers	Claire Stevens			VF	21:27
193	Heaton Harriers	George Routledge		Y	VM	24:47
168	North Shields Poly	None			SM	#N/A
207	Gosforth Harriers	None			SM	#N/A
207	Gosforth Harriers	None				#N/A