

TownMoor 10k	saltwell 10k	Nth Tyneside	durham relays	signals	elswick	Total
x	x	x	25	25	25	928.5
x	x	x	25	x	25	743.6
71.4	63.70	x	25	x	25	686.8
76.5	71.25	83.4	25	25	25	641.0
x	x	85.8	25	x	25	589.6
69.1	63.74	x	25	x	25	504.2
56.5	x	x	25	25	x	458.2
x	x	x	25	25	25	425.9
x	x	x	x	25	x	377.1
x	x	x	x	x	25	334.6
x	x	x	x	x	25	262.2
x	x	x	x	x	x	243.5
x	x	x	x	25	25	177.8
x	x	x	x	x	x	153.3
x	x	x	x	x	x	143.6
x	x	x	x	x	x	108.3
x	x	x	x	x	25	103.0
x	x	x	x	x	x	83.3
x	x	x	x	x	x	77.6
x	x	x	x	25	x	65.4
x	x	x	x	x	x	62.8
x	x	x	x	x	x	50.0
x	x	x	x	x	x	25.0
x	x	x	x	x	x	25.0