

## Senior Men records

Event	Name	mark	year
100m	P Dickinson	10.7	1967
200m	Neil Graham/John Scott	21.9	1969/1984
400m	John Scott	48.4	1984
800m	Drew Graham	1:49.26	2007
1000m (i)	Lewis Timmins	2:30.01	2007
1000m	Terry West	2:36.4	1988
1500m	Drew Graham	3:40.95	2012
Mile (i)	Drew Graham	4:01.43	2012
3000m	Andy Gibson	8:12.5	1979
2 miles	Andy Gibson	8:58.6	1976
5000m	Andy Gibson	14:05.8	1980
10000m	R Lunnon	28:45.00	1975
2000m S/C	Ray Carruthers	6:09.0	1978
3000m S/C	Malcolm Moore	9:19.6	1991
110m hurdles	R Sharp	16.3	1958
200m hurdles	John Lively	27.5	1960
400m hurdles	John Scott	57.5	1984
High jump	A Dacre	1.85m	1977
Long jump	F O'Kane	6.63m	1932
Triple jump	R Bruce	13.61m	1963
Discus	Ian McPherson	38.84m	1955
Hammer	F Burgess	45.72m	1961
Javelin	David Tripp	48.38m	1966
Shot	G Dedes	12.54m	1977
Pole Vault	Stuart Ryan	3.85m	1983
Decathlon	Stuart Ryan	6070pts	1982
4 x 100m	J Leaman R Sharp J Swindel M Mahoney	44.8s	1962
4 x 200m	O LeHossin A Dickinson H Crane A Smith	1:37.8	1973
4 x 400m	S Mills D Miles T West J Scott	3:27.1	1985
3 x 800m	M Nicholson L Timmins P Hutton	5:56.4	2003
4 x 800m	M Nicholson L Timmins P Hutton D Graham	7:50.4	2003
1600m medley	P Dickinson N Canham J McCarthy B Cordes	3:34.1	1967